What can you do to prevent or detect vaginal or vulvar cancer early?

• Get the human papillomavirus (HPV) vaccine before becoming sexually active
• Schedule regular check-ups, including pelvic exams
• Use a mirror to examine your vulva for any changes
• See a doctor if you experience any symptoms

Symptoms of Vaginal Cancer

• Unusual vaginal bleeding
• Bleeding after vaginal sex
• Pain
• Problems with urination or bowel movements
• Watery discharge
• Lump or mass in the vagina

Symptoms of Vulvar Cancer

• Chronic itching
• Abnormal bleeding or discharge
• Skin color changes (lighter or darker, red or pink)
• Bump or lump with wart-like or raw surfaces
• Open sore

Stages of Vulvar Cancer

Stage 1: The cancer is confined to the vulva or perineum—the area between the anus and the vulva.
Stage 2: The cancer has spread to the urethra, anus or vagina.
Stage 3: The cancer has spread to the lymph nodes—the presence and extent of lymph node involvement is an important factor in determining the risk of recurrence.
Stage 4: In addition to spreading to nearby lymph nodes, the cancer has spread to distant body parts.

KNOW THE SIGNS: VAGINAL AND VULVAR CANCER

Foundation for Women's Cancer

Scan to learn more about vaginal and vulvar cancer

foundationforwomenscancer.org